Horario clases en grupo

LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO	DOMINGO
		10:00 Mat Pilates	10:00 Pilates Reformer	10:00 Hatha Yoga		
11:00 Pilates Reformer					9:00–14:00 Yoga en familia	9:00–14:00Yoga en familia
			13:30 Pilates Reformer			
	14:30 Bodybalance	14:30 Hatha Yoga	14:30 BodyPump	14:30 Hatha Yoga		
15:15 Mat Pilates(30')		14:30 Pilates Reformer				
15:45 BodyPump (30')						
16:30 Hatha Yoga	16:30 Pilates Reformer			16:30 Pilates Reformer		
		17:30 BodyPump	17:30 Hatha Yoga	18:00 BodyPump		
18:30 Hipopresivos con Pilates	18:30 Mat Pilates	18:30 Hipopresivos con Pilates	18:30 Bodybalance			
	18:30 Pilates Reformer	18:30 Pilates Reformer				
19:30 Bodybalance	19:30 BodyPump (30')	19:30 Hatha Yoga	19:30 Mat Pilates	19:30 Hatha Yoga		
19:30 Pilates Reformer						
	20:30 Hatha Yoga		20:30 Pilates Reformer			