

Horario clases en grupo de Yoga , Mat Pilates y Bodybalance

| LUNES | MARTES | MIERCOLES | JUEVES | VIERNES | SABADO | DOMINGO |
|------------------------------|------------------------------|----------------------------------|------------------------------|------------------------------|---------------------------------------|---------------------------------------|
| 9:00 Bodybalance | | | | | 9:00-14:00 Yoga en familia | 9:00-14:00 Yoga en familia |
| | 10:00 Hatha Yoga | 10:00 Mat Pilates | 10:00 Hatha Yoga | 10:00 Mat Pilates | | |
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| 14:30 Hatha Yoga | 14:30 Bodybalance | 14:30 Hatha Yoga | 14:30 Mat Pilates | 14:30 Hatha Yoga | | |
| 16:30 Hatha Yoga | | 16:30 Bodybalance | | | | |
| | | 17:30 Yoga en Familia | | | | |
| 18:30 Hatha Yoga | 18:30 Mat Pilates | 18:30 Hatha Yoga | 18:30 Bodybalance | 18:30 Mat Pilates | | |
| 19:30 Bodybalance | | 19:30 Mat Pilates | 19:30 Hatha Yoga | | | |
| 20:30 Mat Pilates | 20:30 Hatha Yoga | | | | | |